



North Myrtle Beach Aquatic & Fitness Center Youth Spring Swim Clinics

Great Preparation for
Summer Swim League !

Do you want to improve your strokes but need additional help? These swim clinics are for you! All clinics are 60 minutes in length with emphasis on correct stroke technique, proper head positioning, breathing techniques, and turns. Those participating must be able to swim 50 yards in the stroke of the day.

Fees: AFC Members \$12.00 per clinic
Non – AFC Members \$15.00 per clinic
*Pre-registration for each clinic is required.



Clinic 1: Breaststroke, turn, pullout
Wednesday May 23
4:00pm-5:00pm

Clinic 2: Butterfly, turn, transition turns
Wednesday May 30
4:00pm-5:00pm



1100 2nd Avenue South
North Myrtle Beach
(843)281-3743

For more information contact:
Judy Childers (843)281-3743
or
jachilders@nmb.us

2018 MAY SWIM CLINICS