



FOR IMMEDIATE RELEASE

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North Myrtle Beach Department of Public Safety to hold a Rape Aggression Defense System (R.A.D.) Course for Women

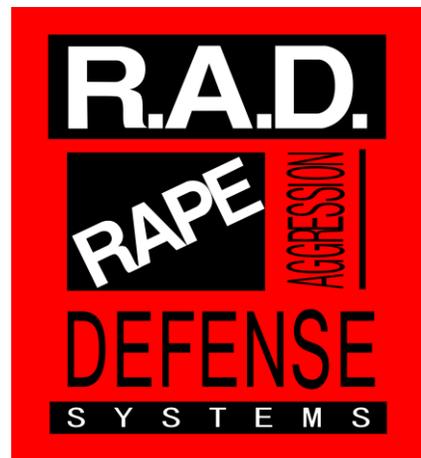
North Myrtle Beach, SC – March 13, 2018 – The North Myrtle Beach Public Safety Department will hold a Rape Aggression Defense Systems (R.A.D.) course for women each Saturday during the month of April at the J. Bryan Floyd Community Center, 1030 Possum Trot Road.

This free, women-only course is taught in four-hour blocks on April 7, 14, 21 and 28. The first class is April 7, 8:00 a.m. to 12:00 p.m.

Participants must be willing to attend all four classes. The class size is limit to 20 participants.

Females ages 13 to 17 must have a female parent or a female guardian with them in the class.

To register for the R.A.D. Systems class please contact L.CPL William C. McLeod at 843-280-5623 or by e-mail at wcmcleod@nmb.us. If you leave a voicemail, please state your name, and phone number.



ABOUT THE R.A.D. SYSTEM

The R.A.D. System is a women's self-defense training course. It is not a martial arts course.

The basic physical instructional objective is to develop and enhance realistic options of self-defense that may become viable considerations for a woman who may be attacked.

The R.A.D. System is a comprehensive, women-only course that first teaches awareness, prevention, risk reduction and risk avoidance, and then progresses to the basics of hands-on defense training.

Nationally certified R.A.D. System instructors, who work as police officers with the North Myrtle Beach Public Safety Department, teach this course.

Each student receives a workbook/reference course manual. The workbook/reference manual outlines the entire physical defense program for reference and continuous growth, and is the key to a free lifetime return and practice policy for R.A.D. graduates.